# For relaxed breastfeeding.

The NUK Breastfeeding Range.



Understanding Life.

### Our aspiration: understanding life and making it easier for you.

"Whatever we do for our children today will shape their future." With this in mind, NUK has long dedicated itself to the development of products that consistently promote the healthy development of your child and ease the strain on parents. And because there's nothing better for your baby's health than breast milk, NUK is there to support you with your breastfeeding – delivering useful products and expert advice.

NUK Products are developed in close collaboration with midwives, doctors, scientists – and parents, of course. They meet the highest quality demands and are mostly produced in Germany.







## Breastfeeding is the best for you and your baby. Make the most of it.

Whether you are breastfeeding for the very first time or are very experienced - these special moments of intimacy are always a wonder of nature. Breastfeeding means much more than just "food intake": it gives mother and child the chance to bond, while providing the baby with affection, warmth and a sense of security.

#### Breastfeeding means love and well-being.

While you and your baby enjoy this unique experience, you are giving your child the best nature has to offer: breast milk. Breast milk contains antibodies and an abundance of nutrients to provide optimum support at every stage of growth and development. So from the word go, breastfeeding can help prevent illness and allergies.

#### As long as it's breast milk.

Whenever you are unable to breastfeed, your baby need not be denied a nutritious meal. NUK Breast Pumps offer you the flexibility you need: a simple way to express your breast milk and feed your baby when necessary from a bottle, whether at home or when out and about.

#### The NUK Breastfeeding Range.

To ensure that you get the best from breastfeeding, we have worked closely with midwives to develop the NUK breastfeeding range, using the latest medical findings as a basis. It covers all the products you need to help you breastfeed - designed to perfectly complement each other, leaving you and your baby to enjoy feeding times in comfort.

#### NUK Luna Electric Breast Pump

optimal fit

The 2-phase rhythm simulates the natural sucking rhythm of your baby when feeding.

Phase I: a rapid sucking rhythm, stimulating the flow of milk Phase 2: a slow, intensive rhythm, encouraging an optimal flow of milk

The combination of the two phases allows more milk to be expressed in a shorter time. Phases can be selected and switched any time at the touch of a button.



#### NUK Iolie Manual Breast Pump

- excellent expressing movement thanks to innovative technology and clever design
- Soft textured silicone cushion: a gentle, pleasant massaging action, stimulating the flow of milk
- Smooth, ergonomic lever for easy use

#### A sophisticated system

Straight from the pump to the bottle: NUK Breast Milk Container and NUK First Choice<sup>+</sup> Teat.





Expressed milk can be refrigerated (4°C) for up to 3 days and frozen  $(-18^{\circ}C)$  for up to 6 months.

#### Easing your day: NUK Breastfeeding Products.

Along with various breast pumps, NUK offers other helpful breastfeeding accessories: for example, a selection of breast pads for reliably absorbing milk and protecting your clothing. Or NUK Nipple Shields in silicone: protecting sensitive, irritated nipples but preserving body contact when breastfeeding due to their unique design. NUK Cool & Warm Breast Gel Compresses, covering a range of needs: used as a warm compress prior to breastfeeding, they stimulate the flow of milk. Used after breastfeeding as a cold compress, they are soothing and relieve discomfort. Once you have stopped breastfeeding, they can still be used as warm or cold compresses for strengthening the connective tissue. Find out more about the NUK Breastfeeding Range by visiting www.nuk.com



Ultra Dry Comfort Breast Pads



Nipple Shields and Breast Shell Set



Cool & Warm Breast Gel Compresses



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